Home, But Not Alone

Supporting vulnerable people in Suffolk

The Home, But Not Alone free phoneline is for people who need **urgent** help and support during the Coronavirus pandemic. It is only for people who do not have support available from friends, family or neighbours and are struggling for food, medicines or other essential supplies.

Coronavirus Emergency Phoneline



9am-5pm every day
For all other enquiries please visit: www.suffolk.gov.uk/homebutnotalone











Other useful contacts

National domestic violence 24-hour helpline:

0808 200 0247

 Mental health helpline, called First Response, run by the Norfolk and Suffolk Foundation Trust:

0808 196 3494

For any police matters please visit:

www.suffolk.police.uk



On behalf of: Community Action Suffolk, Babergh and Mid Suffolk District Councils, Church of England in Suffolk, East Suffolk Council, Ipswich Borough Council, Ipswich and East Suffolk CCG, Ministry of Defence, National Probation Service – Norfolk & Suffolk, NHS – Integrated Care System, Office of the Police and Crime Commissioner, Suffolk Association of Local Councils, Suffolk Community Foundation, Suffolk Constabulary, Suffolk County Council, Suffolk Voluntary Organisations Group, West Suffolk CCG, West Suffolk Council